



# Radiation Therapy for Metastatic Cancer

Radiation therapy is an effective treatment option for metastatic cancer that offers several benefits for patients



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## RADIATION THERAPY FOR METASTATIC CANCER:

# A Comprehensive Overview

Metastatic cancer, also known as stage IV cancer, is cancer that has spread from its original location to other parts of the body. Treatment options for metastatic cancer include surgery, chemotherapy, and radiation therapy. In this report, we will explore the benefits of radiation therapy for metastatic cancer.

### ADVANTAGES OF RADIATION THERAPY:

- Radiation therapy can be used to relieve symptoms caused by cancer. It can be used to relieve pain or discomfort caused by cancer that has spread to the bones. Radiation therapy can also be used to relieve symptoms such as shortness of breath or coughing caused by cancer that has spread to the lungs.
- Radiation therapy can be used to prolong survival in patients with metastatic cancer. While metastatic cancer is often difficult to treat, radiation therapy can be used to slow the growth of the cancer and improve the chances of long-term survival.
- Radiation therapy can be used to improve the quality of life for patients with metastatic cancer. For example, radiation therapy can be used to relieve symptoms such as pain or discomfort, which can improve the patient's overall well-being.

### EFFECTIVENESS OF RADIATION THERAPY:

- According to the American Cancer Society, radiation therapy can be used to treat metastatic cancer, with a cure rate of up to 25% for some types of cancer that have spread to other parts of the body.
- The National Comprehensive Cancer Network recommends radiation therapy as a treatment option for metastatic cancer, both as a standalone treatment and in combination with other treatments.

### SIDE EFFECTS:

- Radiation therapy typically only causes minor side effects, such as skin irritation or fatigue, compared to other treatment options like surgery and chemotherapy.

### CONCLUSION:

**Radiation therapy is a proven and effective treatment option for metastatic cancer with a low risk of complications.**

It can be used to relieve symptoms, prolong survival, and improve the quality of life for patients with metastatic cancer. Radiation therapy improves the patient's quality of life during and after treatment, and it should be considered as part of a comprehensive treatment plan for metastatic cancer. If you have been diagnosed with metastatic cancer, talk to your doctor about whether radiation therapy is a good treatment option for you.

### QUICK FACTS

**15%**

Approximately 15% of all new cancer cases are diagnosed as metastatic.

**5 years**

Most tumors that metastasize do so within five years after the primary tumor has been detected.

**90%**

Metastatic cancer accounts for up to 90 percent of all cancer deaths in the U.S. each year.

