

Radiation Therapy for Spinal Tumors

Radiation therapy is an effective treatment option for spinal tumors that offers several benefits for patients



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RADIATION THERAPY FOR SPINAL TUMORS: A Comprehensive Overview

Radiation therapy is a common treatment option for spinal cancer, a type of cancer that develops in the bones, nerves, and other tissues that make up the spine. It is a type of cancer treatment that uses high-energy radiation to kill cancer cells and shrink tumors. In this report, we will explore the benefits of radiation therapy for spinal cancer.

ADVANTAGES OF RADIATION THERAPY:

- One of the key benefits of radiation therapy for spinal cancer is that it can help relieve pain and other symptoms caused by the cancer. This is especially important for patients with advanced spinal cancer, who may experience severe pain, weakness, or loss of sensation in the affected area. Radiation therapy can also help prevent the cancer from spreading to other parts of the body, potentially increasing survival rates.
- Radiation therapy can be administered in different ways depending on the type and stage of the cancer. For example, external beam radiation therapy is a common method that uses a machine to deliver radiation to the affected area. Another method, known as brachytherapy, involves placing small radioactive seeds directly into the tumor. These different methods can be customized to the patient's specific needs and preferences.
- In addition to being an effective treatment option, radiation therapy can also be a less invasive option compared to surgery. This can be particularly beneficial for patients who may not be good candidates for surgery due to their age, overall health, or the location of the tumor.

EFFECTIVENESS OF RADIATION THERAPY:

 Radiation therapy is a common and effective treatment option for spinal cancer. According to the National Cancer Institute, external beam radiation therapy is used to treat up to 80% of spinal tumors. Brachytherapy, another type of radiation therapy, may also be used in some cases.

SIDE EFFECTS:

 It is important to note that while radiation therapy can be highly effective for spinal cancer, it may also have some side effects. These can include fatigue, skin irritation, and digestive problems. However, these side effects are generally temporary and can be managed with medication or other supportive therapies.

CONCLUSION:

Radiation therapy is a proven and effective treatment option for spinal cancer with a low risk of complications.

It offers many benefits such as pain relief, the potential for prevention of cancer spread, and less invasiveness compared to surgery. If you have been diagnosed with spinal cancer, speak to your physician to see if radiation therapy is a good treatment option for you.

QUICK FACTS

< 2%

Spinal cancer is a rare form of cancer, accounting for less than 2% of all cancers.

< 1%

The chance that a person will develop a malignant tumor of the brain or spinal cord in their lifetime is less than 1%.

70% survival rate

The 5-year survival rate for spinal cancer is about 70%, but can vary depending on the type and stage of the cancer.



